

PRAYER POINTS

SUSTAINING THE SOUL

The gift of the Torah is the most eloquent testimony of HaShem's love and desire to be close to us. However, for a person to experience the exhilaration of this vibrant connection when he engages in Torah learning requires Divine assistance.

One must encourage others to study Torah every day and pray continuously. This is an absolute necessity! How do you protect oneself from being influenced by one who sins? A person should attempt to pray before trouble occurs, or when going out among people who might influence him negatively.

One should recite prayers from the depths of his heart and he should pray for help specifically regarding his personal spiritual tests.

POINTS TO PONDER

The ability to serve HaShem is a gift from HIM.

Reciting blessings before and after learning Torah reinforces appreciation for this priceless gift, and enhances one's success in learning.

If one is entering a situation in which he will be exposed to people who may exert a negative influence on him, he should pray for HaShem's protection.

Job 33:26 then man prays to God, and he accepts him; he sees his face with a shout of joy, and he restores to man his righteousness. (ESV)